

# European Powerlifting Championships

Tue 04 May to Sat 08 May 2010, Köping SWE.

## WOMEN SEN Entry List

cat	name	born	team	squat	bench	dead	total
<b>48kg</b>							Tue 04 May 2010
	JURKKO Raija	1963	FIN	180.0	87.5	162.5	430.0
	LE PANSE Bénédicte	1978	FRA	162.5	95.0	152.5	407.5
	DEREVYANKO Anastasiya	1987	UKR	150.0	90.0	165.0	405.0
	APULI Sanna	1981	FIN	160.0	72.5	155.0	387.5
	BABUROVA Iryna	1986	UKR	150.0	85.0	150.0	385.0
	SCHWENGL Ilka	1965	AUT	135.0	102.5	140.0	372.5
	LIIMATAINEN Miia	1986	SWE	150.0	67.5	145.0	357.5
<b>52kg</b>							Tue 04 May 2010
	CHUMAK Oksana	1983	UKR	170.0	100.0	170.0	440.0
	SIRKIÄ Mervi	1972	FIN	165.0	90.0	155.0	415.0
	MURTAZINA Kadriya	1986	RUS	160.0	90.0	162.5	412.5
	JOKITALO Leena	1961	FIN	175.0	70.0	160.0	405.0
	GAVORNÍKOVA Monika	1974	SVK	150.0	90.0	140.0	380.0
	GUIHOMAT Sophie	1975	FRA	145.0	75.0	150.0	377.5
	MARTIN Vanessa	1976	FRA	150.0	90.0	137.5	377.5
<b>56kg</b>							Wed 05 May 2010
	ABDULINA Vita	1967	UKR	195.0	105.0	175.0	475.0
	KOMLAEVA Anna	1979	RUS	195.0	110.0	170.0	475.0
	RANTAMÄKI Mervi	1974	FIN	177.5	102.5	182.5	462.5
	LINDBERG Maria	1973	FIN	170.0	95.0	165.0	430.0
<b>60kg</b>							Wed 05 May 2010
	AKHMAMYETYEVA Tetyana	1985	UKR	220.0	122.5	200.0	542.5
	PAVLOVSKAYA Kira	1983	RUS	207.5	122.5	210.0	540.0
	LIIMATAINEN Riitta	1963	SWE	180.0	110.0	172.5	462.5
	COLLARD Odile	1986	FRA	165.0	85.0	175.0	425.0
	WERNGREN Josephine	1976	SWE	162.5	102.5	167.5	422.5
	WATTON Louise	1986	GBR	145.0	77.5	155.0	377.5
<b>67.5kg</b>							Thu 06 May 2010
	ORSINI Antonietta	1964	ITA	220.0	145.0	210.0	575.0
	JABLONSKA Magdalena	1985	POL	212.5	92.5	177.5	482.5
	YERMOLENKO Mariya	1982	UKR	185.0	95.0	195.0	475.0
	KANKUS Johanna	1984	FIN	182.5	120.0	170.0	472.5
	OPDAL Veronica	1985	NOR	180.0	100.0	170.0	450.0
	SCHREIBER Elke	1984	GER	180.0	95.0	175.0	450.0
	WAHLANDER Elisabeth	1960	SWE	180.0	90.0	180.0	450.0
	STEGER Nicole		GER	152.5	95.0	185.0	432.5
	HRBALOVA Jana	1984	CZE	170.0	92.5	167.5	430.0
	SAMUELSSON Linda	1977	SWE	170.0	100.0	160.0	430.0
	GUDSTEINSDOTTIR Maria	1970	ISL	155.0	95.0	167.5	417.5
	BAK Kathrine	1981	DEN	147.5	90.0	162.5	400.0
<b>75kg</b>							Thu 06 May 2010
	BYRUK Ielyzaveta	1988	UKR	230.0	165.0	230.0	625.0
	BLIKRA Inger	1961	NOR	230.0	147.5	215.0	592.5
	PANTINA Olga	1979	RUS	245.0	142.5	195.0	582.5
	SINDIKAS Nadezda	1986	RUS	235.0	130.0	210.0	575.0
	ARNESEN Hille Heidi	1970	NOR	215.0	127.5	195.0	537.5

PEDERSEN Annette	1968	DEN	185.0	135.0	200.0	520.0
CHRISTENSEN Lucia	1985	SWE	202.5	115.0	185.0	502.5
TIMMERS Ankie	1986	NED	165.0	122.5	187.5	475.0
EJLERTSEN Lise	1982	DEN	180.0	95.0	165.0	440.0
<b>82.5kg</b> Fri 07 May 2010						
KOZLOVA Olena	1990	UKR	250.0	140.0	250.0	640.0
YLITALO Riikka	1982	FIN	220.0	155.0	212.5	587.5
SHOTTON-GALE Charlotte	1983	GBR	190.0	115.0	170.0	475.0
<b>90kg</b> Fri 07 May 2010						
STRIK Ielja	1973	NED	255.0	182.5	232.5	665.0
POLYANSKAYA Alina	1984	RUS	245.0	120.0	225.0	590.0
LÖNN Sandra	1974	SWE	205.0	200.0	165.0	570.0
SZABO Agnes	1988	HUN	190.0	160.0	170.0	520.0
KROMEK Monika	1977	HUN	180.0	110.0	190.0	480.0
<b>90+kg</b> Fri 07 May 2010						
LUGOVAYA Irina	1974	RUS	270.0	212.5	240.0	722.5
GEMALETDINOVA Olga	1986	RUS	285.0	155.0	261.0	701.0
OROBETS Inna	1971	UKR	250.0	170.0	225.0	645.0
NOKUA Katariina	1973	FIN	221.5	140.0	192.5	554.0

#### MEN SEN Entry List

cat	name	born	team	squat	bench	dead	total
<b>56kg</b> Tue 04 May 2010							
	OSMIALOWSKI Pawel	1977	POL	261.0	147.5	222.5	631.0
	WSZOLA Dariusz	1978	POL	245.0	167.5	210.0	622.5
	TINEBRA Frédéric	1978	FRA	222.5	150.0	215.0	587.5
	CONSTANTINE Patrick	1969	GBR	190.0	110.0	225.0	522.5
<b>60kg</b> Tue 04 May 2010							
	DANILOV Konstantin	1986	RUS	292.5	170.0	255.0	717.5
	LITED Etienne	1979	FRA	245.0	150.0	242.5	637.5
	GOLAK Dominik	1982	POL	245.0	143.5	222.5	610.0
	WULFFELD Thomas	1969	SWE	207.5	117.5	232.5	557.5
	NIKOLOV IVAN	1988	BUL	210.0	140.0	200.0	550.0
<b>67.5kg</b> Tue 04 May 2010							
	SHALOKHA Arkadiy	1983	UKR	292.5	200.0	280.0	772.5
	MAKAROV Dmitry	1988	RUS	292.5	200.0	272.5	765.0
	EL BELGHITI Hassan	1975	FRA	285.0	162.5	312.5	760.0
	RICHARD Rhillip	1971	GBR	292.5	190.0	237.5	720.0
	HEISKANEN Timo	1970	FIN	250.0	137.5	265.0	652.5
	RUSO Karel	1965	CZE	261.5	100.0	242.5	604.0
<b>75kg</b> Tue 04 May 2010							
	OLECH Jaroslaw	1974	POL	365.0	217.5	305.0	887.5
	GROMOV Alexander	1981	RUS	330.0	245.0	260.0	835.0
	MDIVNISHVILI Irakli	1980	UKR	295.0	207.5	282.5	785.0
	DUMITRACHE Dan	1974	ROM	300.0	200.0	270.0	770.0
	BAALI Kader	1968	FRA	290.0	182.5	282.5	755.0
	SELBERG Amit	1976	SWE	265.0	210.0	220.0	695.0
	PREUTHUN Louis	1980	DEN	250.0	157.5	260.0	667.5
<b>82.5kg</b> Wed 05 May 2010							
	RYSYEV Volodymyr	1982	UKR	357.5	222.5	307.5	887.5
	VASYUKOV Eugeny	1985	RUS	335.0	227.5	325.0	887.5
	NANIEV Andriy	1984	UKR	340.0	220.0	300.0	860.0

MILLER Daniel	1988	POL	352.5	220.0	285.0	857.5
VASILEV TODOR	1978	BUL	325.0	205.0	325.0	855.0
SPYCHALA Jacek	1978	POL	332.5	210.0	310.0	852.5
KVIST Jouni	1973	FIN	320.0	190.0	310.0	820.0
MIHAILOV ROBERT	1977	BUL	300.0	205.0	315.0	820.0
FEKETE Miklos	1973	HUN	310.0	210.0	290.0	810.0
PALMER Robert	1982	GBR	300.0	220.0	290.0	810.0
TEPPER Eduard		GER	282.5	225.0	292.5	800.0
NAGLIUS Andrius	1985	LTU	280.0	215.0	285.0	780.0
PANAZAN Ovidiu	1975	ROM	260.0	200.0	260.0	720.0
KAILEY Pardeep	1983	NED	265.0	172.5	272.5	707.5
<b>90kg</b>					Wed 05 May 2010	
KRYMOV Andriy	1985	UKR	330.0	287.5	285.0	902.5
WEGIERA Jan	1965	POL	340.0	270.0	290.0	900.0
TURESSON Patrik	1974	SWE	330.0	222.5	340.5	893.0
GHIRARDI Daniele	1969	ITA	320.0	230.0	340.0	890.0
BETTYAR Volodymyr	1984	UKR	345.0	245.0	290.0	880.0
SARAFIMOV Zdravko	1984	BUL	330.0	220.0	330.0	880.0
HENTSCHEL Andre	1984	GER	330.0	225.0	285.0	840.0
HORNIK Jiri	1978	CZE	300.0	240.0	300.0	840.0
MATTILA Vesa	1980	FIN	300.0	225.0	295.0	820.0
VIRBICIANSKAS Andrius	1985	LTU	300.0	200.0	300.0	800.0
NIELSEN Henrik	1984	DEN	300.0	200.0	280.0	780.0
SINGH Jaswinder	1964	GBR	290.0	212.5	270.0	772.5
JANDOREK Andreas	1985	AUT	280.0	200.0	280.0	760.0
BULLOCK Joe	1971	GBR	300.0	180.0	260.0	740.0
<b>100kg</b>					Thu 06 May 2010	
COIMBRA Anibal	1972	LUX	367.5	245.0	345.0	957.5
IVANETS Andrei	1984	BLR	335.0	222.5	357.5	915.0
PEETERS André	1970	FRA	355.0	232.5	320.0	907.5
SKOWRONSKI Grzegorz	1985	POL	340.0	230.0	330.0	900.0
SILBAUM Margus	1976	EST	335.0	220.0	335.0	890.0
ERBS Christoph		GER	330.0	180.0	325.0	835.0
LAKSO Joakim	1975	SWE	325.0	200.0	305.0	830.0
DAHL HANSEN Kim	1971	DEN	307.5	205.0	305.0	817.5
VARCHOLA Pavol	1978	SVK	305.0	210.0	290.0	805.0
HIRSNIK ERKKI	1982	EST	285.0	187.5	330.0	802.5
KRISTIANSEN Mathias	1985	DEN	310.0	195.0	292.5	792.5
SRSEN Jaromir	1974	CZE	290.0	212.5	270.0	772.5
VAN MELIS Floris	1981	NED	295.0	210.0	270.0	770.0
BALABANOV PETAR	1976	BUL	280.0	190.0	250.0	720.0
<b>110kg</b>					Fri 07 May 2010	
PEVNYEV Sergiy	1978	UKR	400.0	290.0	362.5	1052.5
KARPOV Valeriy	1984	UKR	397.5	277.5	357.5	1032.5
WIAK Jacek	1975	POL	410.0	265.0	340.0	1015.0
HRISTOV IVAILO	1979	BUL	390.0	270.0	340.0	1000.0
SHURBENKOV Andrey	1979	RUS	390.0	260.0	340.0	990.0
OMLAND Tor Herman	1977	NOR	370.0	280.0	320.0	970.0
FROLOV Mikhail	1979	RUS	380.0	240.0	330.0	950.0
GRIGORJEVS Aleksandrs	1985	LAT	380.0	240.0	320.0	940.0
LEHTO Ove	1972	FIN	335.0	250.0	332.5	917.5
PULLINEN Sami	1983	FIN	327.5	280.0	310.0	917.5

BAK Sune	1974	DEN	340.0	255.0	305.0	900.0
HANSEN Jörgen	1986	NOR	360.0	220.0	305.0	885.0
WILLEBRAND Kristoffer	1975	SWE	360.0	220.0	290.0	870.0
OVSONKA Peter	1982	SVK	350.0	212.5	300.0	862.5
KREJCA Zbynek	1974	CZE	310.0	252.5	295.0	857.5
CLIFFE Tony	1984	GBR	305.0	217.5	310.0	832.5
DENKE Marcus	1978	SWE	315.0	205.0	310.0	830.0
SPINDLER Robert	1984	AUT	307.5	212.5	302.5	812.5

### 125kg

Sat 08 May 2010

TESTSOV Viktor	1989	UKR	400.0	312.5	340.0	1052.5
DRACHEV Andrey	1985	RUS	410.0	280.0	360.0	1050.0
RANDEN Asbjörn	1973	NOR	405.0	290.0	330.0	1025.0
SHEPEL Oleksandr	1987	UKR	415.0	250.0	350.0	1015.0
YANCHEV Vasil	1985	BUL	370.0	250.0	350.0	970.0
HOLMBERG David	1973	SWE	390.0	270.0	305.0	965.0
SARIK Tomas	1975	CZE	375.0	265.0	320.0	960.0
MARKUSSEN Lars	1974	NOR	350.0	265.0	335.0	950.0
PALIVONAS Linas	1981	LTU	360.0	260.0	330.0	950.0
BANKS Benjamin	1984	GBR	317.5	250.0	325.0	892.5
CERNAK Dušan	1982	SVK	360.0	240.0	280.0	880.0
COLLART Jean-Luc	1959	BEL	350.0	220.0	305.0	875.0
CAZACU Sorin Vasile	1973	ROM	330.0	160.0	270.0	760.0

### 125+kg

Sat 08 May 2010

SPINGL Milan	1980	CZE	427.5	292.5	322.5	1042.5
JOHANSSON Anders	1975	SWE	390.0	295.0	355.0	1040.0
GRABOWSKI Daniel	1984	POL	400.0	260.0	362.5	1022.5
SVENSSON Fredrik	1979	SWE	367.5	330.0	325.0	1022.5
KIBIREV Anton	1983	RUS	400.0	270.0	350.0	1020.0
SANDVIK Kenneth	1975	FIN	402.5	295.0	320.0	1017.5
DAHL Olaf	1974	NOR	372.5	260.0	367.5	1000.0
DÖRNER Andy-Elvis	1976	GER	430.0	260.0	310.0	1000.0
JONSSON Audunn	1972	ISL	385.0	255.0	355.0	995.0
THOMPSON Andrew	1976	GBR	350.0	270.0	320.0	940.0
SORIG Morten	1969	DEN	355.0	242.5	275.0	872.5
STEFANSSON Arni Freyr	1985	ISL	300.0	215.0	260.0	775.0

### REFEREES Entry List

cat	name	born	team	note
IPF1	BAZAIIEV Sirazhutdin		UKR	W-56-60. M-110
IPF2	BJÖRK Patrik		SWE	All
IPF2	BOUBEL Bernard		LUX	Men 110-125 +
IPF1	BUSSELOT Myriam		BEL	All
IPF1	DE PUYTORAC Xavier		FRA	All
IPF2	DEKHANOV Alexander		RUS	All except men 60.0 ; 67.5.
IPF1	FARQUHARSON Ralph		GBR	48 - 52Kg W. 100Kg M Referee or Jury
IPF1	GUNNARSSON Göran		SWE	Jury in case of insufficient cat. 1
IPF1	HAMMANG Alain		LUX	Jury in case of insufficient cat. 1
IPF2	HANNOLIN Arto		FIN	TEST CAT. 1
IPF1	HATOT Stephane		FRA	Only Tue and Wed
IPF2	HAUKSSON Helgi		ISL	All except M 125+ and W -67.5
IPF2	HEMMERLING Ines		GER	All
IPF1	HOFIREK Jiri		CZE	All

IPF1	IVANOV EMIL	BUL	All
IPF1	IVANOV Sergey	RUS	All
IPF1	KEIZER Henk	NED	All except Dutch lifters
IPF1	KHODOSEVICH Gennady	RUS	All
IPF1	KOTENDZHY Leonid	UKR	M-56-67.5. M-125-+125. W-67.5-75
IPF1	LAURSEN Helge	DEN	All but Friday and Saturday
IPF2	MAYRHOFER Josef	AUT	All Women up from 60. Men 56-75
IPF2	MOSCIANESE M.Pia	ITA	EXAM CAT. 1
IPF1	MÜLLER Pavol	SVK	Tuesday only men
IPF2	MURASHKA Valery	BLR	W 60. 67.5 .75. 82.5. M 75
IPF1	MUSZTAFÄ Imre	HUN	All - no categories with HUN lifters
IPF2	NOCEK Grzegorz	POL	W 56 to 75; M 82.5 to 125+
IPF1	NOVUM Morten	NOR	W 48-60 kg. 90-90+. M 56-100
IPF2	OLECH Jaroslaw	POL	W 56 - 90+; M 82.5t o 125+
IPF1	PARAGE Gaston	LUX	All
IPF1	ROSSI Sandro	ITA	All except W 52-67.5 and M 90-100
IPF2	SEPPÄLÄ Iikka	FIN	All
IPF2	SPRINGETT Carole	GBR	All - EXAM CAT. I.
IPF2	THUR Patrik	SWE	All
IPF1	UDDEBOM Erik	SWE	Jury in case of insufficient cat. 1
IPF1	WAHLSTRÖM Arnulf	NOR	Jury - all
IPF1	WINBLADH Bengt	SWE	All
IPF2	ZBANDUT Ivan	UKR	W-48-52. W-82.5-90. M-82.5-90
IPF1	ZNOJEK Arkadiusz	POL	W 82.5 - +90