

Tabelle1

## Deutsche Meisterschaft Bankdrücken Senioren Meldeliste, Stand 31.07.2010

### Frauen (34 Starter)

#### AK I (16 Starter)

|                  |   |           |           |      |                            |       |
|------------------|---|-----------|-----------|------|----------------------------|-------|
| <b>-48,0 (1)</b> | 1 | Friedrich | Marion    | 1965 | PSV Schwedt                | 92.5  |
| <b>-56,0 (1)</b> | 1 | Hirner    | Gabi      | 1965 | KSC I Amberg               | 112.5 |
| <b>-60,0 (2)</b> | 1 | Schnölzer | Monika    | 1961 | KSC Puch                   | 100.0 |
|                  | 2 | Lorentz   | Jaqueline | 1970 | Kraftsportfreunde Stöckigt | 67.5  |
| <b>-67,5 (4)</b> | 1 | Kunkel    | Iris      | 1964 | AC Siegen                  | 110.0 |
|                  | 2 | Lange     | Andrea    | 1965 | Silberrücken Dortmund      | 105.0 |
|                  | 3 | Scheu     | Gabriele  | 1969 | AC Weinheim                | 85.0  |
|                  | 4 | Nothnagel | Petra     | 1966 | SC Elite Hannover          | 77.5  |
| <b>-75,0 (2)</b> | 1 | Haas      | Regina    | 1962 | KSC Puch                   | 132.5 |
|                  | 2 | Martin    | Anke      | 1962 | SC Elite Hannover          | 80.0  |
| <b>-82,5 (3)</b> | 1 | Witt      | Birgit    | 1963 | PSV Schwedt                | 135.0 |
|                  | 2 | Weinzierl | Claudia   | 1970 | Bodyfit Bad Abbach         | 130.0 |
|                  | 3 | Sabottka  | Ines      | 1965 | GKV Bad Dürrenberg         | 90.0  |
| <b>-90,0 (2)</b> | 1 | Meyer     | Barbara   | 1961 | Greifenpower e.V.          | 102.5 |
|                  | 2 | Graul     | Carola    | 1969 | Hellas Oranienbaum         | 92.5  |
| <b>+90,0 (1)</b> | 1 | Rekittke  | Susanne   | 1965 | PL Duisburg                | 125.0 |

#### AK II (11 Starter)

|                  |   |             |          |      |                          |       |
|------------------|---|-------------|----------|------|--------------------------|-------|
| <b>-52,0 (1)</b> | 1 | Engelbrecht | Karin    | 1956 | AC Bayreuth              | 87.5  |
| <b>-56,0 (2)</b> | 1 | Kring       | Pia      | 1957 | ACE Gießen               | 80.0  |
|                  | 2 | Normann     | Beate    | 1960 | PSV Sonneberg            | 45.0  |
| <b>-60,0 (2)</b> | 1 | Bayer       | Ingvild  | 1954 | ASV Grötzingen           | 75.0  |
|                  | 2 | Lankau      | Marianne | 1953 | SC Elite Hannover        | 60.0  |
| <b>-67,5 (2)</b> | 1 | Winkel      | Marlies  | 1957 | VfB Hüls                 | 97.5  |
|                  | 2 | Hegner      | Heide    | 1957 | ASV Griesheim            | 80.0  |
| <b>-75,0 (2)</b> | 1 | Häuser      | Ursula   | 1960 | FC Rhein-Main Rüsselshei | 120.0 |
|                  | 2 | Beninga     | Anke     | 1954 | SC Elite Hannover        | 87.5  |
| <b>-90,0 (1)</b> | 1 | Schwade     | Kirsten  | 1954 | KSV Fitn.Witten          | 77.5  |
| <b>+90,0 (1)</b> | 1 | Speth       | Eva      | 1954 | TSV Burgau               | 140.0 |

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**AK III (6 Starter)****-52,0 (1)**

|   |      |       |      |               |      |
|---|------|-------|------|---------------|------|
| 1 | Korn | Ilona | 1946 | PSV Sonneberg | 52.5 |
|---|------|-------|------|---------------|------|

**-67,5 (3)**

|   |       |       |      |            |      |
|---|-------|-------|------|------------|------|
| 1 | Thimm | Anita | 1950 | KSV Langen | 80.0 |
|---|-------|-------|------|------------|------|

|   |         |           |      |                   |      |
|---|---------|-----------|------|-------------------|------|
| 2 | Ebering | Christine | 1950 | SV Friedensweiler | 65.0 |
|---|---------|-----------|------|-------------------|------|

|   |       |        |      |            |      |
|---|-------|--------|------|------------|------|
| 3 | Cedel | Ingrid | 1947 | SV Grieben | 50.0 |
|---|-------|--------|------|------------|------|

**-75,0 (1)**

|   |        |       |      |                     |      |
|---|--------|-------|------|---------------------|------|
| 1 | Reusch | Hanne | 1941 | VfB Friedrichshafen | 57.5 |
|---|--------|-------|------|---------------------|------|

**-82,5 (1)**

|   |            |        |      |               |      |
|---|------------|--------|------|---------------|------|
| 1 | Eulenstein | Ursula | 1949 | FSV Magdeburg | 95.0 |
|---|------------|--------|------|---------------|------|

**AK IV (1 Starter)****-67,5 (1)**

|   |           |        |      |                   |      |
|---|-----------|--------|------|-------------------|------|
| 1 | Nothnagel | Ursula | 1936 | SC Elite Hannover | 60.0 |
|---|-----------|--------|------|-------------------|------|

Tabelle1

**Männer (149 Starter)****AK I (48 Starter)**

|                    |            |              |      |                          |  |       |
|--------------------|------------|--------------|------|--------------------------|--|-------|
| <b>-60,0 (1)</b>   |            |              |      |                          |  |       |
| 1                  | Klein      | Christian    | 1970 | AC Darmstadt             |  | 165.0 |
| <b>-67,5 (1)</b>   |            |              |      |                          |  |       |
| 1                  | Schünemann | Jens         | 1966 | SV Blankenburg           |  | 140.0 |
| <b>-75,0 (5)</b>   |            |              |      |                          |  |       |
| 1                  | Berndt     | Roy          | 1966 | Rotation Langenbach      |  | 202.5 |
| 2                  | Pöhls      | Andreas      | 1968 | Herrnburger AV 77        |  | 180.0 |
| 3                  | Holze      | Ralf         | 1963 | FAC Sangerhausen         |  | 150.0 |
| 4                  | Graul      | Dirk         | 1967 | Hellas Oranienbaum       |  | 147.5 |
| 5                  | Pilar      | Jörg         | 1967 | AC Bernau                |  | 130.0 |
| <b>-82,5 (4)</b>   |            |              |      |                          |  |       |
| 1                  | Götzke     | Detlef       | 1962 | SSV Samswegen            |  | 195.0 |
| 2                  | Bock       | Frank        | 1967 | Rotation Langenbach      |  | 170.0 |
| 3                  | Wodke      | Axel         | 1970 | TSV Stralsund            |  | 155.0 |
| 4                  | Sickert    | Hans-Ulrich  | 1968 | SV Grimma                |  | 150.0 |
| <b>-90,0 (6)</b>   |            |              |      |                          |  |       |
| 1                  | Jacob      | Klaus-Dieter | 1961 | PL Lauchhammer           |  | 220.0 |
| 2                  | Brandt     | Olaf         | 1970 | AC Siegen                |  | 220.0 |
| 3                  | Friedrich  | Veiko        | 1964 | PSV Schwedt              |  | 210.0 |
| 4                  | Smolczyk   | Jan          | 1970 | PL Duisburg              |  | 190.0 |
| 5                  | Meurer     | Olaf         | 1965 | SV Motor Eberswalde      |  | 185.0 |
| 6                  | Millers    | Ralf         | 1967 | KBV Bautzen              |  | 172.5 |
| 7                  | Hermann    | Rudi         | 1963 | AC Marburg               |  | 170.0 |
| <b>-100,0 (13)</b> |            |              |      |                          |  |       |
| 1                  | Dilbat     | Rolf         | 1963 | PL Duisburg              |  | 247.5 |
| 2                  | Freiberg   | Waldemar     | 1966 | SV Westerholt            |  | 230.0 |
| 3                  | Pohl       | Roger        | 1962 | PSV Schwedt              |  | 217.5 |
| 4                  | Hänsicke   | Peer         | 1961 | SV Motor Eberswalde      |  | 217.5 |
| 5                  | Müller     | Thomas       | 1962 | PSV Schwedt              |  | 215.0 |
| 6                  | Krämer     | Thomas       | 1970 | AC Weinheim              |  | 200.0 |
| 7                  | Schulze    | Frank        | 1961 | Hellas Oranienbaum       |  | 195.0 |
| 8                  | Hering     | Uwe          | 1963 | Bad Lausick              |  | 195.0 |
| 9                  | Thiemann   | Jan          | 1966 | FCE Aue                  |  | 192.5 |
| 10                 | Thiemann   | Peer         | 1962 | PSV Schwedt              |  | 180.0 |
| 11                 | Appelt     | Mario        | 1967 | TSV Zehdenick            |  | 162.5 |
| 12                 | Wurch      | Pierre       | 1969 | Todtglüsinger SV         |  | 160.0 |
| 13                 | Schmitt    | andreas      | 1965 | AC Weinheim              |  | 160.0 |
| <b>-110,0 (4)</b>  |            |              |      |                          |  |       |
| 1                  | Semskij    | Klaus        | 1964 | STC Landshut             |  | 283.0 |
| 2                  | Christalle | Jens         | 1970 | Geringswalder HV         |  | 255.0 |
| 3                  | Zimmermann | Wolfgang     | 1968 | KSC I Amberg             |  | 250.0 |
| 4                  | Plamper    | Sven         | 1967 | PSV Schwedt              |  | 185.0 |
| <b>-125,0 (8)</b>  |            |              |      |                          |  |       |
| 1                  | Kircher    | Achim        | 1968 | AC Darmstadt             |  | 283.0 |
| 2                  | Hoen       | Marcus       | 1966 | FC Rhein-Main Rüsselshei |  | 265.0 |
| 3                  | Volkman    | Rainer       | 1961 | PSV Schwedt              |  | 230.0 |
| 4                  | Meyer      | Bernd        | 1961 | Herrnburger AV 77        |  | 225.0 |
| 5                  | Faaß       | Rolf         | 1965 | STHV Lechfeld            |  | 200.0 |
| 6                  | Vogel      | Andree       | 1966 | TU Dresden               |  | 200.0 |
| 7                  | Rasch      | Michael      | 1966 | Gostorfer SV             |  | 190.0 |
| 8                  | Antic      | Petar        | 1968 | SV Großkochberg          |  | 177.5 |

Tabelle1

**+125,0 (5)**

|   |           |         |      |                 |       |
|---|-----------|---------|------|-----------------|-------|
| 1 | Löther    | Jürgen  | 1963 | Lobensteiner AV | 230.0 |
| 2 | Stoppa    | Lutz    | 1961 | PL Lauchhammer  | 230.0 |
| 3 | Jäger     | Michael | 1964 | PL Duisburg     | 230.0 |
| 4 | Rekittke  | Jürgen  | 1969 | PL Duisburg     | 230.0 |
| 5 | Thielking | Udo     | 1961 | ACE Gießen      | 227.5 |

**AK II (52 Starter)****-60,0 (1)**

|   |       |         |      |           |       |
|---|-------|---------|------|-----------|-------|
| 1 | Virzi | Carmelo | 1957 | MTV Peine | 100.0 |
|---|-------|---------|------|-----------|-------|

**-67,5 (4)**

|   |         |             |      |                  |       |
|---|---------|-------------|------|------------------|-------|
| 1 | Gelhar  | Karsten     | 1957 | TSV Zehdenick    | 155.0 |
| 2 | Decker  | Harald      | 1955 | TSV Stralsund    | 110.0 |
| 3 | Grutzke | Hans-Jürgen | 1951 | Todtglüsinger SV | 110.0 |
| 4 | Krohner | Wolfgang    | 1952 | TSV Reinbek      | 107.5 |

**-75,0 (8)**

|   |           |        |      |                    |       |
|---|-----------|--------|------|--------------------|-------|
| 1 | Heinrich  | Detlef | 1956 | TSV Stralsund      | 170.0 |
| 2 | Leister   | Peter  | 1958 | PowerGym Wiesbaden | 160.0 |
| 3 | Riedel    | Detlef | 1959 | SG Chemie Wolfen   | 153.0 |
| 4 | Appelmann | Dieter | 1953 | AC Usedom          | 145.0 |
| 5 | Goldstein | Johann | 1957 | KSC Dachau         | 140.0 |
| 6 | Rupprecht | Rudolf | 1958 | AC Bayreuth        | 140.0 |
| 7 | Griesch   | Klaus  | 1959 | Motor Arnstadt     | 120.0 |
| 8 | Dengler   | Johann | 1958 | SC Oberölsbach     | 100.0 |

**-82,5 (8)**

|   |            |         |      |                            |       |
|---|------------|---------|------|----------------------------|-------|
| 1 | Heinrich   | Frank   | 1958 | TSV Stralsund              | 200.0 |
| 2 | Hirner     | Arthur  | 1957 | KSC I Amberg               | 200.0 |
| 3 | Baumeister | Gerhard | 1952 | AC Weinheim                | 170.0 |
| 4 | Petrenz    | Andreas | 1956 | TU Dresden                 | 170.0 |
| 5 | Kuhnert    | Arndt   | 1958 | Hellas Oranienbaum         | 150.0 |
| 6 | Escher     | Egon    | 1954 | PSV Sonneberg              | 135.0 |
| 7 | Reinhardt  | Uwe     | 1960 | Kraftsportfreunde Stöckigt | 130.0 |
| 8 | Krüger     | Detlef  | 1953 | Blau-Weiß Bergen           | 120.0 |

**-90,0 (2)**

|   |       |             |      |                       |       |
|---|-------|-------------|------|-----------------------|-------|
| 1 | Ehrt  | Hans-Jürgen | 1956 | KSC I Amberg          | 207.5 |
| 2 | Lange | Jürgen      | 1958 | Silberrücken Dortmund | 145.0 |

**-100,0 (5)**

|   |         |         |      |                            |       |
|---|---------|---------|------|----------------------------|-------|
| 1 | Müller  | Ronald  | 1958 | Kraftsportfreunde Stöckigt | 192.5 |
| 2 | Strenz  | Dieter  | 1951 | ASV Griesheim              | 180.0 |
| 3 | Kästner | Harald  | 1951 | AC Marburg                 | 180.0 |
| 4 | Reimann | Helmut  | 1951 | Todtglüsinger SV           | 180.0 |
| 5 | Georg   | Manfred | 1955 | AC Marburg                 | 170.0 |

**-110,0 (13)**

|    |           |            |      |                    |       |
|----|-----------|------------|------|--------------------|-------|
| 1  | Jahnke    | Fred       | 1957 | SV Motor Barth     | 260.0 |
| 2  | Falk      | Hans-Peter | 1951 | Herrnburger AV 77  | 210.0 |
| 3  | Pollmann  | Jörg       | 1959 | PL Duisburg        | 210.0 |
| 4  | Riehl     | Thomas     | 1952 | KuF Eilenburg      | 208.0 |
| 5  | Bruntsch  | Frank      | 1960 | PSV Schwedt        | 200.0 |
| 6  | Slosarek  | Krystian   | 1958 | Todtglüsinger SV   | 200.0 |
| 7  | Wieninger | Werner     | 1957 | Bodyfit Bad Abbach | 200.0 |
| 8  | Katzula   | Reiner     | 1953 | KSV Bochum         | 187.5 |
| 9  | May       | Karl-Heinz | 1953 | KKSV Sonneberg     | 170.0 |
| 10 | Hayn      | Uwe        | 1959 | KKSV Sonneberg     | 170.0 |
| 11 | Cech      | Klaus      | 1960 | AC Weinheim        | 155.0 |

Tabelle1

|                            |             |              |      |                          |       |
|----------------------------|-------------|--------------|------|--------------------------|-------|
| 12                         | Hillert     | Bernd        | 1954 | Hellas Oranienbaum       | 145.0 |
| 13                         | Jakst       | Gisbert      | 1955 | Rotation Langenbach      | 140.0 |
| <b>-125,0 (8)</b>          |             |              |      |                          |       |
| 1                          | Homrich     | Klaus        | 1955 | TV Siegen                | 245.0 |
| 2                          | Girrolat    | Frank        | 1959 | FSV Magdeburg            | 240.0 |
| 3                          | Herzinger   | Jörg         | 1955 | SV Großkochberg          | 205.0 |
| 4                          | Braun       | Walter       | 1951 | TSV Burgau               | 205.0 |
| 5                          | Dörfert     | Uwe          | 1959 | PL Duisburg              | 205.0 |
| 6                          | Scheibner   | Norbert      | 1958 | FCE Aue                  | 190.0 |
| 7                          | Bethge      | Rüdiger      | 1953 | Hellas Oranienbaum       | 185.0 |
| 8                          | Helfenbein  | Bernd        | 1955 | KSV Langen               | 180.0 |
| <b>+125,0 (3)</b>          |             |              |      |                          |       |
| 1                          | Schwanke    | Eberhard     | 1953 | STC Landshut             | 270.0 |
| 2                          | Lochner     | Jürgen       | 1959 | FC Ebenhofen             | 250.0 |
| 3                          | Beyer       | Frank        | 1952 | FCE Aue                  | 185.0 |
| <b>AK III (31 Starter)</b> |             |              |      |                          |       |
| <b>-60,0 (1)</b>           |             |              |      |                          |       |
| 1                          | Lietzau     | Joachim      | 1950 | SV SNW Berlin            | 130.0 |
| <b>-67,5 (5)</b>           |             |              |      |                          |       |
| 1                          | Klewe       | Ernst        | 1950 | PSV Schwedt              | 147.5 |
| 2                          | Schuck      | Dieter       | 1948 | AC Aschaffenburg         | 132.5 |
| 3                          | Pfaus       | Ludwig       | 1942 | SV Fellbach              | 120.0 |
| 4                          | Burkhard    | Steffen      | 1950 | FSV Magdeburg            | 120.0 |
| 5                          | Cedel       | Gerd         | 1942 | SV Grieben               | 92.5  |
| <b>-75,0 (4)</b>           |             |              |      |                          |       |
| 1                          | Debastian   | Emil         | 1944 | VfB Friedrichshafen      | 145.0 |
| 2                          | Spahn       | Karl-Heinz   | 1948 | KSV Worms                | 130.0 |
| 3                          | Peschl      | Harald       | 1945 | SG Chemie Wolfen         | 120.0 |
| 4                          | Koehl       | Lothar       | 1947 | TU Dresden               | 120.0 |
| <b>-82,5 (4)</b>           |             |              |      |                          |       |
| 1                          | Fuhr        | Friedhelm    | 1950 | AC 1897 Werdau           | 180.0 |
| 2                          | Ute         | Gunter       | 1948 | AC Rendsburg             | 165.0 |
| 3                          | Thomas      | Rainer       | 1949 | SV Motor Barth           | 130.0 |
| 4                          | Ahle        | Arthur       | 1941 | TSV Burgau               | 122.5 |
| <b>-90,0 (5)</b>           |             |              |      |                          |       |
| 1                          | Pietsch     | Hans-Jürgen  | 1948 | TSV Eisenberg            | 162.5 |
| 2                          | Urlicki     | Bernhard     | 1947 | Fitness-Park Brandenburg | 150.0 |
| 3                          | Heimburger  | Peter        | 1941 | ASV Griesheim            | 120.0 |
| 4                          | Marienfeldt | Fred         | 1948 | SC Elite Hannover        | 100.0 |
| <b>-100,0 (5)</b>          |             |              |      |                          |       |
| 1                          | Weiser      | Alois        | 1949 | KSC Dachau               | 182.5 |
| 2                          | Schramm     | Manfred      | 1949 | TSV Tündern              | 165.0 |
| 3                          | Roye        | Rolf         | 1948 | SG Chemie Wolfen         | 162.5 |
| 4                          | Zühlke      | Peter        | 1950 | AC Rendsburg             | 150.0 |
| 5                          | Thürk       | Hans-Joachim | 1949 | TSV Stralsund            | 140.0 |
| <b>-110,0 (3)</b>          |             |              |      |                          |       |
| 1                          | Ramsauer    | Georg        | 1947 | KSC Dachau               | 165.0 |
| 2                          | Hermann     | Josef        | 1946 | AC Marburg               | 160.0 |
| 3                          | Eulenstein  | Joachim      | 1947 | FSV Magdeburg            | 160.0 |
| 4                          | Zielinski   | Wilfried     | 1944 | VfB Hüls                 | 140.0 |
| <b>-125,0 (3)</b>          |             |              |      |                          |       |
| 1                          | Reitzle     | Simon        | 1949 | AC Bayreuth              | 190.0 |
| 2                          | Geisel      | Wolfgang     | 1950 | ACE Gießen               | 170.0 |

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|                           |   |            |         |      |                     |       |
|---------------------------|---|------------|---------|------|---------------------|-------|
|                           | 3 | Gruel      | Hermann | 1950 | Motor Wolgast       | 110.0 |
| <b>+125,0 (1)</b>         | 1 | Schade     | Norbert | 1948 | SV Einheit Genthin  | 200.0 |
| <b>AK IV (18 Starter)</b> |   |            |         |      |                     |       |
| <b>-56,0 (1)</b>          | 1 | Reusch     | Ernst   | 1940 | VfB Friedrichshafen | 90.0  |
| <b>-60,0 (1)</b>          | 1 | Werner     | Ludwig  | 1938 | AC Aschaffenburg    | 77.5  |
| <b>-75,0 (5)</b>          | 1 | Selzer     | Harri   | 1940 | SV SNW Berlin       | 105.0 |
|                           | 2 | Kratzer    | Klemens | 1932 | SC Oberölsbach      | 90.0  |
|                           | 3 | Kohrt      | Walter  | 1937 | Preetzer TSV        | 87.5  |
|                           | 4 | Müller     | Werner  | 1935 | SV Großkochberg     | 80.0  |
|                           | 5 | Mader      | Johann  | 1940 | TSV Burgau          | 80.0  |
| <b>-82,5 (1)</b>          | 1 | Merta      | Konrad  | 1938 | Todtglüsinger SV    | 115.0 |
| <b>-90,0 (5)</b>          | 1 | Wittkowski | Günter  | 1940 | VfB Hüls            | 160.0 |
|                           | 2 | Will       | Harald  | 1940 | AC Weinheim         | 157.5 |
|                           | 3 | Fell       | Gerd    | 1938 | SV Chemie Gotha     | 155.0 |
|                           | 4 | Metz       | Josef   | 1940 | PL Duisburg         | 117.5 |
|                           | 5 | Weder      | Hans    | 1936 | Fitness Spandau     | 105.0 |
|                           | 6 | Kuhr       | Werner  | 1940 | Motor Wolgast       | 82.5  |
| <b>-100,0 (1)</b>         | 1 | Feldmann   | Klaus   | 1936 | SV SNW Berlin       | 125.0 |
| <b>-110,0 (3)</b>         | 1 | Ritzrow    | Norbert | 1940 | AC Mengede          | 145.0 |
|                           | 2 | Nasgowitz  | Ernst   | 1933 | AC Marburg          | 100.0 |
| <b>-125,0 (1)</b>         | 1 | Rumbler    | Peter   | 1939 | ASV Griesheim       | 180.0 |