



# DM im Kraftdreikampf der Aktiven 2007 - Gräfenhainichen

## Wettkampfprotokoll

### Frauen

Gew. Klasse	Name, Vorname	Geb. Jahr	Verein	Kö.-Gew.	Faktor	Kniebeuge				Relativ	Bankdrücken				Relativ	Kreuzheben			Gewicht	Relativ	
						1.	2.	3.	Top		1.	2.	3.	Top		1.	2.	3.			Top
-48,0	1. Friedrich, Marion	65	PSV Schwedt/ Oder	45,3	1,3804	-127,5	127,5	131,0	<b>131,0</b>	<b>180,83</b>	88,5	90,0	-92,5	<b>90,0</b>	<b>305,07</b>	110,0	117,5	120,0	<b>120,0</b>	<b>341,0</b>	<b>470,72</b>
-52,0	1. Pfeiffer, Anita	83	Gostorfer SV	51,5	1,2560	80,0	92,5	-100,0	<b>92,5</b>	<b>116,18</b>	55,0	62,5	-65,0	<b>62,5</b>	<b>194,68</b>	105,0	112,5	-120,0	<b>112,5</b>	<b>267,5</b>	<b>335,98</b>
	2. Reinhardt, Claudia	84	FAC Sangerhausen	50,3	1,2788	95,0	-100,0	-100,0	<b>95,0</b>	<b>121,49</b>	57,5	60,0	-62,5	<b>60,0</b>	<b>198,22</b>	100,0	105,0	-110,0	<b>105,0</b>	<b>260,0</b>	<b>332,49</b>
	3. Weber, Anja	80	AC Lauchhammer	51,5	1,2560	90,0	95,0	-100,0	<b>95,0</b>	<b>119,32</b>	-55,0	55,0	-57,5	<b>55,0</b>	<b>188,40</b>	80,0	95,0	-112,5	<b>95,0</b>	<b>245,0</b>	<b>307,72</b>
	4. Wildemann, Christine	83	SC Lüchow	50,8	1,2692	-70,0	70,0	77,5	<b>77,5</b>	<b>98,36</b>	42,5	-45,0	-45,0	<b>42,5</b>	<b>152,30</b>	100,0	107,5	-112,5	<b>107,5</b>	<b>227,5</b>	<b>288,74</b>
-56,0	1. Toepler, Christin	83	PSV Schwedt/ Oder	55,9	1,1783	-130,0	-130,0	137,5	<b>137,5</b>	<b>162,02</b>	-82,5	82,5	-87,5	<b>82,5</b>	<b>259,23</b>	137,5	145,0	-150,0	<b>145,0</b>	<b>365,0</b>	<b>430,08</b>
	2. Messer, Melanie	75	PSC Rosenberg	55,2	1,1900	90,0	97,5	-100,0	<b>97,5</b>	<b>116,03</b>	45,0	50,0	52,5	<b>52,5</b>	<b>178,51</b>	110,0	125,0	132,5	<b>132,5</b>	<b>282,5</b>	<b>336,19</b>
-60,0	1. v. Bachhaus, Gunda F.	81	FCL Rhein-Main Rüsselsheim e.V.	59,9	1,1163	170,0	180,0	182,5	<b>182,5</b>	<b>203,72</b>	122,5	130,0	-137,5	<b>130,0</b>	<b>348,84</b>	170,0	182,5	187,5	<b>187,5</b>	<b>500,0</b>	<b>558,15</b>
	2. Cichon, Susann	87	AC Oppenau 1984	59,5	1,1221	122,5	132,5	-137,5	<b>132,5</b>	<b>148,68</b>	57,5	-62,5	-62,5	<b>57,5</b>	<b>213,20</b>	132,5	142,5	-147,5	<b>142,5</b>	<b>332,5</b>	<b>373,10</b>
	3. Heß, Kerstin	68	PSV Sonneberg	59,0	1,1295	75,0	-80,0	-80,0	<b>75,0</b>	<b>84,71</b>	35,0	37,5	-40,0	<b>37,5</b>	<b>127,07</b>	95,0	-102,5	102,5	<b>102,5</b>	<b>215,0</b>	<b>242,84</b>
-67,5	1. Steger, Nicole	81	KFV Döbeln	66,5	1,0317	125,0	135,0	140,0	<b>140,0</b>	<b>144,44</b>	75,0	82,5	85,0	<b>85,0</b>	<b>232,13</b>	160,0	167,5	172,5	<b>172,5</b>	<b>397,5</b>	<b>410,10</b>
	2. Falk, Daniela	75	STC Bavaria 20 Landshut	61,5	1,0939	-140,0	-140,0	140,0	<b>140,0</b>	<b>153,15</b>	72,5	77,5	-80,0	<b>77,5</b>	<b>237,93</b>	165,0	170,0	-180,0	<b>170,0</b>	<b>387,5</b>	<b>423,89</b>
	3. Harnisch, Silvana	82	KFV Döbeln	66,0	1,0374	140,0	150,0	-160,0	<b>150,0</b>	<b>155,61</b>	62,5	67,5	-70,0	<b>67,5</b>	<b>225,63</b>	140,0	150,0	160,0	<b>160,0</b>	<b>377,5</b>	<b>391,61</b>
-75,0	1. Guttenberger, Frieda	68	PSC Rosenberg	75,0	0,9506	130,0	-137,5	-142,5	<b>130,0</b>	<b>123,58</b>	105,0	112,5	-120,0	<b>112,5</b>	<b>230,52</b>	130,0	142,5	-150,0	<b>142,5</b>	<b>385,0</b>	<b>365,98</b>
	2. Haisch, Anne	81	Todtglüsinger SV	71,3	0,9824	105,0	112,5	-120,0	<b>112,5</b>	<b>110,52</b>	62,5	-67,5	67,5	<b>67,5</b>	<b>176,83</b>	115,0	122,5	127,5	<b>127,5</b>	<b>307,5</b>	<b>302,09</b>
-82,5	1. Weinzierl, Claudia	70	KKC Bodyfit Bad Abbach	82,1	0,9023	125,0	135,0	140,0	<b>140,0</b>	<b>126,32</b>	102,5	112,5	120,0	<b>120,0</b>	<b>234,60</b>	135,0	147,5	152,5	<b>152,5</b>	<b>412,5</b>	<b>372,20</b>
-90,0	1. Segerer, Martina	80	PSC Rosenberg	84,7	0,8881	130,0	137,5	-145,0	<b>137,5</b>	<b>122,11</b>	75,0	90,0	-95,0	<b>90,0</b>	<b>202,04</b>	150,0	162,5	-172,5	<b>162,5</b>	<b>390,0</b>	<b>346,36</b>
+90	1. Funke, Lysann	81	ATSV Freiberg	90,4	0,8625	160,0	-180,0	180,0	<b>180,0</b>	<b>155,25</b>	70,0	80,0	90,0	<b>90,0</b>	<b>232,88</b>	150,0	170,0	180,0	<b>180,0</b>	<b>450,0</b>	<b>388,13</b>

### Männer

-60,0	1. Rilke, Hendrik	70	SC Lüchow	59,2	0,8635	180,0	190,0	-195,0	<b>190,0</b>	<b>164,07</b>	110,0	115,0	120,0	<b>120,0</b>	<b>267,69</b>	190,0	202,5	215,0	<b>215,0</b>	<b>525,0</b>	<b>453,34</b>
	2. Zuch, Alexander	82	Fitnesspark Brandenburg SV	58,8	0,8689	180,0	195,0	-205,0	<b>195,0</b>	<b>169,44</b>	115,0	-120,0	120,0	<b>120,0</b>	<b>273,71</b>	170,0	-180,0	-180,0	<b>170,0</b>	<b>485,0</b>	<b>421,42</b>
	3. Lietzau, Joachim	58	SV Siegfried Nord-West e.V.	59,8	0,8555	105,0	115,0	125,0	<b>125,0</b>	<b>106,94</b>	-135,0	135,0	-140,0	<b>135,0</b>	<b>222,43</b>	125,0	140,0	-140,0	<b>140,0</b>	<b>400,0</b>	<b>342,20</b>
-67,5	1. Ehrlicher, Michel	85	PSV Sonneberg	65,7	0,7881	195,0	205,0	210,0	<b>210,0</b>	<b>165,50</b>	115,0	-117,5	117,5	<b>117,5</b>	<b>258,10</b>	205,0	225,0	-247,5	<b>225,0</b>	<b>552,5</b>	<b>435,42</b>
	2. Scheer, Klaus	70	Powersport Braunschweig	66,2	0,7832	175,0	190,0	205,0	<b>205,0</b>	<b>160,56</b>	120,0	130,0	-135,0	<b>130,0</b>	<b>262,38</b>	175,0	185,0	-190,0	<b>185,0</b>	<b>520,0</b>	<b>407,27</b>
-75,0	1. Mette, Marcel	76	KFV Döbeln	73,7	0,7214	-255,0	-270,0	275,0	<b>275,0</b>	<b>198,39</b>	150,0	-160,0	160,0	<b>160,0</b>	<b>313,81</b>	245,0	255,0	-267,5	<b>255,0</b>	<b>690,0</b>	<b>497,77</b>
	2. Müller, Jörg	65	FSV v. 1861 Sarstedt	74,4	0,7166	240,0	255,0	262,5	<b>262,5</b>	<b>188,11</b>	160,0	-170,0	-170,0	<b>160,0</b>	<b>302,77</b>	240,0	250,0	255,0	<b>255,0</b>	<b>677,5</b>	<b>485,50</b>
	3. Schiffner, Patrick	78	FC Holzheim Kraft & Fitness	73,0	0,7264	245,0	257,5	-262,5	<b>257,5</b>	<b>187,05</b>	182,5	187,5	-192,5	<b>187,5</b>	<b>323,25</b>	215,0	-225,0	225,0	<b>225,0</b>	<b>670,0</b>	<b>486,69</b>
	4. Kronschwitz, Ronny	81	AC Lauchhammer	74,0	0,7193	260,0	-275,0	-275,0	<b>260,0</b>	<b>187,02</b>	-170,0	-170,0	170,0	<b>170,0</b>	<b>309,30</b>	220,0	230,0	-242,5	<b>230,0</b>	<b>660,0</b>	<b>474,74</b>
	5. Korell, Thomas	83	VfB 07 Klötze	72,0	0,7337	-250,0	260,0	-270,0	<b>260,0</b>	<b>190,76</b>	152,5	-160,0	-162,5	<b>152,5</b>	<b>302,65</b>	230,0	240,0	-245,0	<b>240,0</b>	<b>652,5</b>	<b>478,74</b>
	6. Sterner, Michael	79	ESV München	73,5	0,7228	195,0	-205,0	-205,0	<b>195,0</b>	<b>140,95</b>	155,0	160,0	165,0	<b>165,0</b>	<b>260,21</b>	215,0	227,5	-232,5	<b>227,5</b>	<b>587,5</b>	<b>424,65</b>
	7. Van Dunem, Lopes	69	Corpus Fitness Weightplayers e.V.	73,7	0,7214	205,0	207,5	-220,0	<b>207,5</b>	<b>149,69</b>	140,0	-145,0	-145,0	<b>140,0</b>	<b>250,69</b>	235,0	-245,0	-245,0	<b>235,0</b>	<b>582,5</b>	<b>420,22</b>
	Tepper, Eduard	71	KSV Lippe	72,9	0,7271	-240,0	-240,0	-240,0	<b>0,0</b>	<b>0,00</b>	-190,0	-190,0	-190,0	<b>0,0</b>	<b>0,00</b>				<b>0,0</b>	<b>0,0</b>	<b>0,00</b>



-125,0	1.	Lustig, Ralf-Tobias	74	FSV 1895 Magdeburg e.V.	110,2	0,5882	300,0	320,0	335,0	<b>335,0</b>	<b>197,05</b>	200,0	210,0	215,0	<b>215,0</b>	<b>323,51</b>	260,0	275,0	-282,5	<b>275,0</b>	<b>825,0</b>	<b>485,265</b>
	2.	Reumuth, Lars	73	SV Motor Barth	115,2	0,5808	300,0	-317,5	325,0	<b>325,0</b>	<b>188,76</b>	-200,0	-205,0	205,0	<b>205,0</b>	<b>307,82</b>	255,0	262,5	-267,5	<b>262,5</b>	<b>792,5</b>	<b>460,280</b>
	3.	Elzer, Anton	74	SV Westerholt	120,4	0,5745	290,0	305,0	-310,0	<b>305,0</b>	<b>175,22</b>	200,0	-210,0	-210,0	<b>200,0</b>	<b>290,12</b>	280,0	-292,5	-292,5	<b>280,0</b>	<b>785,0</b>	<b>450,980</b>
	4.	Wilke, Heiko	70	Todtglüsinger SV v. 1930	122,0	0,5728	280,0	300,0	310,0	<b>310,0</b>	<b>177,57</b>	205,0	-212,5	-212,5	<b>205,0</b>	<b>294,99</b>	255,0	-270,0	-272,5	<b>255,0</b>	<b>770,0</b>	<b>441,054</b>
	5.	Kronemann, Mark	71	VfV Cremlingen	116,0	0,5797	210,0	235,0	-250,0	<b>235,0</b>	<b>136,23</b>	145,0	160,0	-170,0	<b>160,0</b>	<b>228,98</b>	245,0	-275,0	-275,0	<b>245,0</b>	<b>640,0</b>	<b>371,007</b>
+125	1.	Kondraschow, Jewgenij	83	1. ASC - Nürnberg - Süd	139,9	0,5589	365,0	390,0	-425,0	<b>390,0</b>	<b>217,97</b>	240,0	-245,0	-245,0	<b>240,0</b>	<b>352,11</b>	315,0	337,5	-340,0	<b>337,5</b>	<b>967,5</b>	<b>540,739</b>
	2.	Dörner, Andy	76	Power Gym Wiesbaden	131,2	0,5647	385,0	400,0	-410,0	<b>400,0</b>	<b>225,88</b>	220,0	-235,0	235,0	<b>235,0</b>	<b>358,58</b>	295,0	305,0	312,5	<b>312,5</b>	<b>947,5</b>	<b>535,049</b>
	3.	Süberkrüb, Franz	81	SV Westerholt	154,5	0,5510	290,0	-310,0	-310,0	<b>290,0</b>	<b>159,79</b>	-225,0	225,0	232,5	<b>232,5</b>	<b>287,90</b>	275,0	290,0	300,0	<b>300,0</b>	<b>822,5</b>	<b>453,200</b>
	4.	Blank, Andreas	72	VfV Cremlingen	134,8	0,5621	285,0	300,0	312,5	<b>312,5</b>	<b>175,66</b>	180,0	190,0	197,5	<b>197,5</b>	<b>286,67</b>	285,0	-297,5	-305,0	<b>285,0</b>	<b>795,0</b>	<b>446,869</b>
	5.	Mohkami, Mussa	79	Olympic Mainz 2000	127,5	0,5676	170,0	-210,0	210,0	<b>210,0</b>	<b>119,20</b>	180,0	-195,5	-195,0	<b>180,0</b>	<b>221,37</b>	190,0	200,0	215,0	<b>215,0</b>	<b>605,0</b>	<b>343,404</b>
		Kayser, Volker	82	SC Lüchow	137,6	0,5603	-290,0	305,0	-315,0	<b>305,0</b>	<b>170,89</b>	190,0	-200,0	-205,0	<b>190,0</b>	<b>277,35</b>	-260,0	-260,0	-260,0	<b>0,0</b>	<b>495,0</b>	<b>277,350</b>